NDTR AUTONOMY DECISION TREE

Commission on Dietetic Registration
the credentialing agency for the Academy of Nutrition and Dietetics

DOES THIS ACTIVITY PROVIDE DIRECT NUTRITION CARE TO AN INDIVIDUAL?

- NO. Work involves population level nutrition services. → Am I competent to perform the activity?
- YES → Is this person otherwise healthy?
  - YES → NDTR may work autonomously providing publicly available nutrition-related information.
  - NO → Must work in RDN–NDTR Team. The RDN is ultimately responsible for work completed by the NDTR when engaged in direct nutrition care to individuals.

Am I competent to perform the activity?

- YES → Are there regulations or organizational policies prohibiting NDTRs from performing?
  - YES → You may not perform the activity if there are regulatory or organizational impedeiments.
  - NO → You may be able to work autonomously – without direct supervision of an RDN. Verify if any liability insurance is required.
- NO → Can I obtain additional education, training to become competent?
  - YES → Only perform the activity after your competence has been evaluated and documented.
  - NO → You may not perform the activity if your competence has not been evaluated. Refer to another practitioner.

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